

Policy statement

Part 1: Statement of intent

This is the health and safety policy statement of:

Penny Lane Striders

Our health and safety policy is to:

- prevent accidents and minimise risk to the membership
- manage health and safety risks during club run activities
- provide clear instructions and information, and adequate training , to ensure that volunteers are competent to perform their roles
- provide personal protective guidance and equipment, where required
- consult with volunteers on matters of their health and safety
- provide and maintain safe club equipment
- maintain safe and healthy training conditions
- implement emergency procedures for any significant incidents
- review and revise this policy regularly



Signed

05/13/2022

Date

Luke Curtis

Print name

05/13/2022

Review date

Part 2: Responsibilities for health and safety

1 Overall and final responsibility for health and safety:

Luke Curtis (Chair)

2 Day-to-day responsibility for ensuring this policy is put into practice:

Luke Curtis (Chair)

Whole club committee

3 To ensure health and safety standards are maintained/improved, the following people have responsibility in the following areas:

Club Secretary - maintaining and organising regular policy and document reviews
Club Captains - ensuring that Run Leaders are suitably trained to deliver training sessions
Treasurer and Club Captains - ensuring all training routes are risk assessed
Social Secretary - ensure all social events are risk assessed.
Welfare Secretary - consulting with the membership when health and safety concerns are raised
Membership Secretary - ensuring the membership are aware of their own health and responsibilities for themselves and other club members
Event Organisation Subcommittees - ensure all events (excluding social events) are risk assessed and equipment is properly maintained

4 All members should:

- a) co-operate with Run Leaders and the Committee on health and safety matters
- b) take reasonable care of their own health and safety; and
- c) report all health and safety concerns to an appropriate person (as detailed above).

Part 3: Arrangements for health and safety

Risk assessment

- We will complete relevant risk assessments and take action
- We will review risk assessments when training conditions change

Training

- We will give the membership health and safety inductions and provide appropriate training.
- We will provide suitable guidance for when club training sessions are in progress.

Consultation

- We will consult the membership routinely on health and safety matters as they arise and formally when we review health and safety.

Evacuation

- We will ensure that, where necessary, that escape routes are clearly identified.