



LIVERPOOL HARRIERS & ATHLETIC CLUB
MYSTERY PARK 5K ROAD RACE SERIES 2015

RACE 3 of 5
TUESDAY, 14th JULY 2015

Posn	Bib	Athlete	Club	M/F	Age	Time	Race 2	Race 1
1	32	Huculla HUNDEESSA	Liverpool Harriers & AC	M	22	15.21	15.24	
2	165	Martin SWENSSON	Penny Lane Striders	M	39	15.51	15.57	
3	60	Alistair RUTHERFORD	Mossley Hill AC	M	20	16.41		
4	25	Adrian ROACH	Liverpool Harriers & AC	M	40	16.43		
5	31	John MCCOLE	Liverpool Harriers & AC	M	36	16.45		
6	114	James THOMPSON	Knowsley Harriers & AC	M	32	16.47		17.06
7	38	Stephen DOYLE	Knowsley Harriers & AC	M	40	17.06		16.56
8	56	Paul SKIPPER	Mersey Tri	M	34	17.09	17.50	
9	77	Andy MCQUE	Liverpool Harriers & AC	M	35	17.10		
10	2	Ashley CRAWFORD	Unattached	M	29	17.17	17.16	17.22
11	166	Ben LEWINGTON	Knowsley Harriers & AC	M	23	17.23		17.21
12	30	Glen GROVES	Liverpool Harriers & AC	M	46	17.24	17.13	18.02
13	78	John CONNOLLY	Penny Lane Striders	M	44	17.25		
14	69	Rob PEARSE	Wallasey AC	M	41	17.32		
15	168	Alex COWIN	Penny Lane Striders	M	35	17.34		17.57
16	36	Emily KEARNEY	Wirral AC	F	19	17.35		
17	141	Adrian HORNBLY	Unattached	M	31	17.36		18.20
18	5	Gareth HOWELL	Liverpool Harriers & AC	M	34	17.39		
19	14	Mike CLAYTON	Liverpool Running Club	M	34	17.45		
20	19	John ARMSTRONG	Wallasey AC	M	46	17.46		
21	178	Alistair DAVIES	Unattached	M	25	17.53		
22	1	Anthony WILCOX	Liverpool Harriers & AC	M	53	17.55	18.17	
23	136	Dan THOMAS	Penny Lane Striders	M	28	18.00	18.46	
24	127	Kevin BRENNAN	St Helens Striders	M	46	18.01		
25	132	Christopher LEE	Penny Lane Striders	M	35	18.02		18.06
26	122	Paul SCHUMANN	Knowsley Harriers & AC	M	52	18.10	18.00	
27	16	Roy HUGHES	Mossley Hill AC	M	35	18.12	18.15	
28	179	Carl MURPHY	Liverpool Running Club	M	34	18.17	18.28	
29	115	Sam EVANS	Penny Lane Striders	M	35	18.18		
30	139	Rob FLETCHER	Mersey Tri	M	42	18.23		18.41
31	72	Stephen WATKIN	Penny Lane Striders	M	34	18.32	25.15	19.33
32	49	Sarah SINGLETON	Liverpool Harriers & AC	F	49	18.33	18.35	18.55
33	116	David LAWTON	Liverpool Running Club	M	35	18.41	19.01	
34	70	Michael KELLY	Wallasey AC	M	32	18.47		
35	88	Ailbhe MCDAID	Liverpool Harriers & AC	F	30	18.48	19.20	18.55
36	76	Simon BIRTLES	Penny Lane Striders	M	49	18.56		19.03
37	50	Colin DOBBS	Penny Lane Striders	M	??	19.02	19.16	19.29
38	559	Darren HANLON	Kirkby Milers (W/Chair)	M	??	19.03		
39	153	Andy BOULTER	Kirkby Milers	M	??	19.06		
40	131	Andy CANTWELL	Penny Lane Striders	M	37	19.07	25.14	20.51
41	175	Gary CASEY	Unattached	M	33	19.12		19.36
42	68	Paul RILEY	Penny Lane Striders	M	45	19.13		19.44
43	35	Matt HELME	Penny Lane Striders	M	53	19.16	19.44	20.56
44	120	Charlotte WILSON-DEWHIRST	Liverpool Harriers & AC	F	26	19.17		
45	176	John JENSEN	Penny Lane Striders	M	38	19.32		20.06
46	107	Ant CASSIDY	Mossley Hill AC	M	41	19.35	20.25	19.37
47	112	Tom RIMMER	Penny Lane Striders	M	28	19.39	19.54	19.56
48	130	Richard THORPE	Penny Lane Striders	M	30	19.48		
49	113	Joseph CHEDGEZOY	Kirkby Milers	M	28	19.49		
50	80	Stephen MCNICHOLLS	Penny Lane Striders	M	50	19.50		
51	126	Steve PEMBERTON	Penny Lane Striders	M	60	19.51		20.14
52	173	Beth HANKINSON	Penny Lane Striders	F	30	19.52	20.00	
53	21	Dave BARR	GBTC	M	44	19.58		
54	144	John CLARK	Unattached	M	41	20.10		
55	17	David MCNIVEN	Liverpool Harriers & AC	M	46	20.14	20.41	21.37
56	44	Gillian VERDIN	Liverpool Running Club	F	22	20.15		21.04



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57	8	Simone CAPPONI	Penny Lane Striders	M	39	20.16		20.13
58	81	Michelle KING	Penny Lane Striders	F	28	20.17		21.09
59	109	Graham CUSHION	Liverpool Running Club	M	39	20.18	20.46	21.05
60	117	Paul DEMORE	St Helens Striders	M	48	20.31		20.55
61	110	Michael O'ROURKE	Penny Lane Striders	M	31	20.41	20.56	20.37
62	95	Paul CLIFF	Liverpool Running Club	M	48	20.43	20.30	20.15
63	79	Kate MACFARLANE	Penny Lane Striders	F	28	20.44		20.45
64	167	Grant DAVIDSON	Mersey Tri	M	42	20.46	20.58	21.32
65	102	Andrew CONWAY	Liverpool Pembroke & Sefton	M	50	20.55		20.58
66	111	Lisa CROSBY	Mossley Hill AC	F	42	20.58		
67	52	Jo KEELING	Liverpool Running Club	F	28	20.59	21.40	21.04
68	97	Neil BARBER	Kirkby Milers	M	37	21.02	21.16	
69	39	Daisy SMITH	Liverpool Harriers & AC	F	14	21.09		
70	94	Wayne JOYCE	St Helens Sutton	M	35	21.14	21.41	21.42
71	46	Charlotte RAWCLIFFE	Penny Lane Striders	F	35	21.15	21.01	
72	151	David MADDERS	Helsby Runners	M	42	21.17		
73	28	Andrew GLEN	Knowsley Harriers & AC	M	52	21.18		
74	82	George PIERCE	Liverpool Running Club	M	47	21.19	22.07	22.08
75	118	Colin SEFTON	Mossley Hill AC	M	55	21.20		
76	87	Lee ROGER	Mersey Tri	M	44	21.21		
77	160	David NAVIS	St Helens Striders	M	25	21.24		
78	10	Darron UNSWORTH	Kirkby Milers	M	43	21.26		
79	100	Trevor ASTELI	Penny Lane Striders	M	56	21.29		21.38
80	155	Steve DIPPLE	Penny Lane Striders	M	42	21.30		
81	96	Rachel MASON	Liverpool Harriers & AC	F	19	21.31	23.31	
82	172	Alan SPENCER	Knowsley Harriers & AC	M	55	21.32		
83	142	Scott BROOKS	Mersey Tri	M	52	21.33	21.54	
84	163	Shane KNOTT	Penny Lane Striders	M	38	21.34		
85	128	Greg HOCKING	Penny Lane Striders	M	43	21.35		22.34
86	159	Jeanette FISHER	St Helens Striders	F	41	21.38		
87	58	Helen ALEXANDER	Mersey Tri	F	34	21.40	22.01	
88	138	Colin OXLEY	Liverpool Running Club	M	61	21.43		21.40
89	152	Carl YU	Liverpool Running Club	M	40	21.44	21.42	22.30
90	164	Robert JOHNSON	Mersey Tri	M	52	21.47	22.02	22.15
91	9	Terry NOON	Knowsley Harriers & AC	M	35	21.50	21.55	
92	148	Trish DUDLEY	Penny Lane Striders	F	26	21.50	22.13	
93	89	Robbie TRECARCHI	Southport Waterloo AC	M	40	21.55	21.35	21.41
94	92	Stephen OWENS	Unattached	M	36	22.01	22.02	
95	63	Keith BOARDMAN	Northern Vets AC	M	56	22.03		
96	24	Neil RAINE	Liverpool Harriers & AC	M	49	22.05		
97	84	Nigel FOO	Penny Lane Striders	M	46	22.10	23.55	
98	135	Shaun MCGRATH	Unattached	M	20	22.13		
99	57	Ashley ABBLEY	Unattached	M	31	22.19		
100	4	Tony GREEN	Liverpool Harriers & AC	M	58	22.20		21.32
101	181	Kieron CARR	Knowsley Harriers & AC	M	44	22.22	23.51	22.47
102	67	David CONNOR	Mersey Tri	M	43	22.23		
103	108	Bev LOWE	Liverpool Harriers & AC	F	49	22.28	22.46	22.20
104	150	Joe MCGLYNN	Penny Lane Striders	M	58	22.33	27.03	28.32
105	27	Annamarie WILLIAMS	Penny Lane Striders	F	45	22.33		23.49
106	161	Kathryn SHARKEY	Penny Lane Striders	F	35	22.35		
107	40	Mark THOMAS	Penny Lane Striders	M	50	22.36	22.37	22.38
108	162	Ken GRAHAM	Unattached	M	60	22.37	23.11	23.36
109	37	Dave TOMKINS	Warrington AC	M	68	22.37	22.36	22.34
110	157	John GUY	Penny Lane Striders	M	39	22.39		22.27
111	147	Lucie MICHAELSON	Penny Lane Striders	F	32	22.40	21.49	
112	13	Karen DALBY	Mersey Tri	F	52	22.41	22.59	23.04



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113	101	David LIMBRICK	Unattached	M	52	22.48	23.12	22.52
114	85	Paul MCGREGOR	Penny Lane Striders	M	52	22.58		
115	93	Paul DOYLE	Penny Lane Striders	M	52	23.00	22.28	22.48
116	103	Keith BOYLE	Penny Lane Striders	M	43	23.12	24.51	
117	74	Tony WOODS	Penny Lane Striders	M	44	23.16	23.54	25.40
118	75	David ROWE	Liverpool Harriers & AC	M	53	23.22		23.32
119	121	Dawn ATHERTON	Knowsley Harriers & AC	M	28	23.22		23.31
120	47	Geoff BEATTIE	Sale Harriers	M	62	23.28		
121	18	Jade MORGAN	Liverpool Harriers & AC	F	13	23.30		23.51
122	23	Anna LEA-WILSON	Liverpool Harriers & AC	F	14	23.33		24.14
123	48	Marie MOTLEY	Penny Lane Striders	F	51	23.45		24.07
124	61	Michael EDWARDS	Penny Lane Striders	M	56	23.46		
125	64	Billy HARGREAVES	Southport Waterloo AC	M	68	23.52	24.15	24.42
126	42	James STANSFIELD	Penny Lane Striders	M	25	23.53	24.05	24.59
127	104	Helen OSBORNE	Penny Lane Striders	F	26	23.54	24.34	23.54
128	171	Andrew JAMES-WYLLIN	Unattached	M	19	24.06		
129	174	Louise WALLER	Unattached	F	33	24.10		24.38
130	106	Holly JOHNSTON	Penny Lane Striders	F	27	24.11	24.15	
131	29	Colin O'BRIEN	Penny Lane Striders	M	42	24.14		22.54
132	12	Daniel COPE	Kirkby Milers	M	13	24.20		
133	20	James WARBURTON	Kirkby Milers	M	30	24.22		
134	129	Neil BRAITHWAITE	Penny Lane Striders	M	36	24.25	26.47	
135	53	Carla HOUGHTON	Kirkby Milers	F	29	24.30		
136	51	Vicky UNSWORTH	Liverpool Harriers & AC	F	32	24.30		
137	73	Anna WATKIN	Penny Lane Striders	F	33	24.30	23.35	23.20
138	170	Andrew WYLLIE	Unattached	M	57	24.38		
139	177	Fidelma HAWES	Mossley Hill AC	F	??	24.59	25.32	24.55
140	45	Jessica GARRIGAN	Liverpool Running Club	F	35	25.04		24.58
141	41	Tony HORSFALL	Unattached	M	39	25.08		
142	137	Mike WELSBY	Penny Lane Striders	M	50	25.09		
143	43	Amena MADDEN	Liverpool Running Club	F	43	25.10		25.39
144	62	Tommy GATES	Penny Lane Striders	M	55	25.14	28.51	
145	105	Jennifer O'SULLIVAN	Kirkby Milers	F	28	25.23		
146	54	Eamonn BRADY	Penny Lane Striders	M	47	25.31	21.17	
147	71	Jo BRUCHEZ-CORBETT	Penny Lane Striders	F	37	25.32		
148	119	Jon WINDLE	Penny Lane Striders	M	42	25.35		25.04
149	90	Jane NICHOLSON	Penny Lane Striders	F	51	25.41	25.10	25.12
150	158	Lesley WARD	Penny Lane Striders	F	48	25.48		
151	169	Michael SHARKEY	Penny Lane Striders	M	67	25.49	25.29	
152	98	Mark SPITTLE	Liverpool Running Club	M	26	25.50	25.51	26.23
153	7	David CUMMINGS	Leigh H & AC	M	69	25.55		
154	65	Ron BOWCOCK	Penny Lane Striders	M	48	25.56		
155	154	Emer BREEN	Penny Lane Striders	F	29	25.57	28.01	
156	125	Rebecca VARNOWE	Penny Lane Striders	F	33	26.01		26.43
157	22	Claire MEADOWS	Penny Lane Striders	F	46	26.02	27.04	26.47
158	26	Christine GRANT	Unattached	F	49	26.04	25.54	26.12
159	149	Andrea CLARK	Penny Lane Striders	F	29	26.04		
160	99	Helen VARNEY	Liverpool Running Club	F	29	26.05		27.45
161	59	Ian BURQUEST	Unattached	M	36	26.08		
162	133	Louise WATSON	Penny Lane Striders	F	35	26.15		22.36
163	143	Victoria RAJ	Penny Lane Striders	F	31	26.15		
164	145	Eunice NOPANDO	Penny Lane Striders	F	51	26.17		26.29
165	83	Christopher SULLIVAN	Kirkby Milers	M	42	26.20		
166	55	Jenny HOUGHTON	Kirkby Milers	F	31	26.52		
167	11	Paul COPE	Kirkby Milers	M	37	26.52		
168	140	Gloria HORNBY	Unattached	F	23	27.16		29.42



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169	180	Tracey CARR	Knowsley Harriers & AC	F	50	27.45	28.53	28.46
170	124	Lizzie BROWNSEY	Unattached	F	24	28.01		
171	3	Tracy RILEY	Kirkby Milers	F	46	28.15		
172	146	James MCDONALD	Unattached	M	55	28.20		
173	66	Ron THORNTON	Unattached	M	74	28.37	28.41	28.30
174	134	Vincent HESSEY	Penny Lane Striders	M	65	28.54	28.29	28.20
175	91	Elinor CHAPMAN	Penny Lane Striders	F	28	28.56	28.10	
176	156	Rachael TARBONA	Penny Lane Striders	F	36	30.21		
177	123	Ann GREEN	Kirkby Milers	F	55	30.40		30.44
178	86	Claire BUTTERWORTH	Penny Lane Striders	F	29	32.04	34.18	29.38
179	33	Debi MCMILLAN	Penny Lane Striders	F	43	32.17	34.18	
180	34	Lois NASH	Unattached	F	26	32.17		
181	15	Claire COPE	Kirkby Milers	F	38	33.48		