

PLS Trail 10k - Sunday 15th September 2024

Position	Time	Name	Club	Gender	Gender Position	Age Category	Category Position
1	00:37:16	Kevin Polhill	Kirkby Milers AC	M	1	M V40	1
2	00:37:41	Jamie Rutherford	Liverpool Running Club	M	2	M Open	1
3	00:39:27	Joshua Kearney	North Endurance	M	3	M Open	2
4	00:40:43	Stephen Tomlinson	Knowsley Harriers AC	M	4	M V35	1
5	00:40:56	Jay Williams	Kirkby Milers AC	M	5	M Open	3
6	00:41:04	Kyle Harrison	Liverpool Running Club	M	6	M Open	4
7	00:42:07	Gerard Mcleigh	Liverpool Running Club	M	7	M V35	2
8	00:43:01	Patrick McLarnon	North Endurance	M	8	M Open	5
9	00:43:43	Karl Corrick	Mossley Hill Athletics Club	M	9	M V35	3
10	00:43:50	david edwards	Kirkby Milers AC	M	10	M V60	1
11	00:44:18	Andrew Mills	Penny Lane Striders	M	11	M V35	4
12	00:44:30	Owen Barden	Mersey Tri	M	12	M V50	1
13	00:44:31	Tadie Abeki	Mersey Tri	M	13	M V45	1
14	00:44:42	Jamaal Scott	North Endurance	M	14	M Open	6
15	00:44:44	Sharon Samson	Penny Lane Striders	F	1	F V45	1
16	00:44:46	Ian McCarthy	Knowsley Harriers AC	M	15	M V60	2
17	00:44:47	James Lee	Penny Lane Striders	M	16	M Open	7
18	00:45:05	Dale Walker	-	M	17	M V50	2
19	00:45:23	Khosrou Kheradmand	Penny Lane Striders	M	18	M V40	2
20	00:45:35	Ben Smith	Kirkby Milers AC	M	19	M Open	8
21	00:46:23	Mark Dunn	-	M	20	M V40	3
22	00:46:29	Jack Buckton	Penny Lane Striders	M	21	M Open	9
23	00:46:35	David Stroud	Knowsley Harriers AC	M	22	M V35	5
24	00:47:00	Bex Sutton	North Endurance	F	2	F Open	1
25	00:48:07	Charlotte Wilson-Dewhurst	-	F	3	F V35	1
26	00:48:13	Nathan Walker	Lordshill Road Runners	M	23	M V40	4
27	00:48:17	Jak Smithson	Penny Lane Striders	F	4	F V35	2
28	00:48:24	Nicholas Armstrong-Orr	-	M	24	M Open	10
29	00:48:43	Owen Hinds	Liverpool Running Bugs	M	25	M Open	11
30	00:48:48	John McCaffrey	Knowsley Harriers AC	M	26	M V40	5
31	00:48:56	Danny Fegan	St Helens Striders	M	27	M V55	1
32	00:49:01	Charlotte Hancox	Penny Lane Striders	F	5	F Open	2
33	00:50:25	Emma Ryder	-	F	6	F Open	3
34	00:50:48	Peter Burgess	-	M	28	M Open	12
35	00:51:03	Beth Lawrence	-	F	7	F Open	4
36	00:51:36	Jason King	-	M	29	M V35	6
37	00:51:45	Lewis Ridley	North Endurance	M	30	M Open	13
38	00:52:10	Michelle Murphy	Liverpool Harriers	F	8	F V55	1
39	00:52:14	Dagmara Stankiewicz	Knowsley Harriers AC	F	9	F Open	5
40	00:52:45	Emily Vernon	Penny Lane Striders	F	10	F Open	6
41	00:52:48	Jason Mather	St Helens Striders	M	31	M V55	2
42	00:53:45	Sharron Ainslie	Penny Lane Striders	F	11	F V50	1
43	00:53:56	steve pemberton	Penny Lane Striders	M	32	M V65	1
44	00:53:57	Ann-Marie McCarthy	Knowsley Harriers AC	F	12	F V55	2
45	00:54:52	Frank Barrett	Liverpool Running Bugs	M	33	M V55	3
46	00:54:55	Matthew O'Connell	-	M	34	M Open	14
47	00:54:57	Paul Roberts	Knowsley Harriers AC	M	35	M V40	6
48	00:55:01	John Coats	Northern Masters AC	M	36	M V60	3
49	00:55:03	Matthew Lennox	-	M	37	M V35	7
50	00:55:03	Sean Feery	-	M	38	M V35	8
51	00:55:23	Ella Hargittai	-	F	13	F Open	7
52	00:55:33	Alan Spencer	Knowsley Harriers AC	M	39	M V60	4
53	00:55:38	Sam Fearon	-	M	40	M V35	9
54	00:55:44	Sarah Burke	-	F	14	F V45	2
55	00:55:47	Nicola Harrington	Knowsley Harriers AC	F	15	F V35	3

56	00:55:48	Marc Slade	-	M	41	M V35	10
57	00:56:03	Hannah Carter	-	F	16	F V40	1
58	00:56:04	Neil Smith	North Endurance	M	42	M V40	7
59	00:56:20	Chris Houseman	-	M	43	M V45	2
60	00:56:29	Colin Cheveau	-	M	44	M V45	3
61	00:56:43	Eleanor Barlow	Liverpool Running Club	F	17	F V35	4
62	00:56:47	Adam Parkes	-	M	45	M V40	8
63	00:56:58	Karen Critchley	-	F	18	F V40	2
64	00:57:13	Joe McGlynn	Penny Lane Striders	M	46	M V65	2
65	00:58:32	Mark Scott	Liverpool Running Club	M	47	M V55	4
66	00:59:46	Barry Bright	Liverpool Frontrunners	M	48	M V65	3
67	01:00:04	Nicola Roberts	Knowsley Harriers AC	F	19	F V40	3
68	01:00:20	Anne Fleming	Village Road Runners	F	20	F V55	3
69	01:00:22	Sujeeth Mangarai	-	M	49	M V40	9
70	01:00:25	Christian Bernini	-	M	50	M Open	15
71	01:00:45	Trish Monks	Village Road Runners	F	21	F V55	4
72	01:00:50	TONY Clixby	Village Road Runners	M	51	M V70	1
73	01:02:37	Sarah Jackson	Penny Lane Striders	F	22	F V45	3
74	01:02:54	Louisa Bacon-Hall	-	F	23	F Open	8
75	01:03:00	Stan Cottier	Liverpool Running Club	M	52	M V75	1
76	01:03:17	Leslie Edwards	Penny Lane Striders	M	53	M V60	5
77	01:03:28	Elizabeth Sefton	-	F	24	F Open	9
78	01:03:36	Carolyn Brennan	Village Road Runners	F	25	F V50	2
79	01:03:57	Christine Bonnar	Widnes Running Club	F	26	F V70	1
80	01:03:58	Katie Dean	Widnes Running Club	F	27	F V40	4
81	01:04:05	Naomi Doyle	-	F	28	F V50	3
82	01:04:07	Lenka Vidamour	Penny Lane Striders	F	29	F V40	5
83	01:04:08	Julien Tour	Penny Lane Striders	M	54	M V40	10
84	01:04:19	Jan Foley	Birkenhead Park Running Club	F	30	F V65	1
85	01:04:26	Lyn Rawlinson	Liverpool Running Bugs	F	31	F V50	4
86	01:04:26	Roy Rawlinson	Lonely Goat Running Club	M	55	M V50	3
87	01:04:58	Stephanie Mcbride	Knowsley Harriers AC	F	32	F V35	5
88	01:04:58	Stephanie Donald	Lonely Goat Running Club	F	33	F V40	6
89	01:05:13	David Tinkler	-	M	56	M V45	4
90	01:05:22	Sarah Bicker	-	F	34	F V40	7
91	01:05:26	Kris Bolger	Knowsley Harriers AC	F	35	F V40	8
92	01:05:32	David Limbrick	Islwyn Running Club	M	57	M V60	6
93	01:05:48	Amy Edwards	Penny Lane Striders	F	36	F Open	10
94	01:05:54	Jo Sutherland	Penny Lane Striders	F	37	F V45	4
95	01:05:55	Jane Nicholson	Penny Lane Striders	F	38	F V60	1
96	01:05:57	Bill Sergeson	Penny Lane Striders	M	58	M V55	5
97	01:06:54	John Wheeler	-	M	59	M V60	7
98	01:09:21	Rebekka Towers	Knowsley Harriers AC	F	39	F Open	11
99	01:10:04	Lynsey Laing	Penny Lane Striders	F	40	F V45	5
100	01:10:05	Martina Rice	Penny Lane Striders	F	41	F V45	6
101	01:10:06	Eamonn Brady	Penny Lane Striders	M	60	M V55	6
102	01:11:44	joanne Edwards	Penny Lane Striders	F	42	F V50	5
103	01:11:44	Wendy Osborne	Penny Lane Striders	F	43	F V45	7
104	01:12:49	Claire Birkett	Widnes Running Club	F	44	F V45	8
105	01:12:58	Zara Thompson	-	F	45	F V35	6
106	01:13:57	Nicola Daley	Liverpool Running Club	F	46	F V50	6
107	01:13:58	Tony Riley	Liverpool Running Club	M	61	M V45	5
108	01:16:37	Carol Bairsto	-	F	47	F V50	7
109	01:17:44	Di Peck	Knowsley Harriers AC	F	48	F V45	9
110	01:17:51	Sue Williams	-	F	49	F V50	8
111	01:17:52	Jen Hale	-	F	50	F V35	7
112	01:18:24	Samantha Gothard	Knowsley Harriers AC	F	51	F V45	10
113	01:26:49	Sue Sturgeon	Birkenhead Park Running Club	F	52	F V50	9
114	01:26:54	Amanda O'Hare	Lonely Goat Running Club	F	53	F V45	11